



## Vaping and Nicotine Awareness Resources

### *CDC Resources and Infographics:*

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/index.htm](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm)

Resources on this age include:

E-CIGARETTES SHAPED LIKE USB FLASH DRIVES: INFORMATION FOR PARENTS, EDUCATORS, AND HEALTH CARE PROVIDERS:

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/pdfs/parent-teacher-ecig-508.pdf](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/pdfs/parent-teacher-ecig-508.pdf)

TEACHERS AND PARENTS: That USB Stick Might Be an E-cigarette

<https://www.cdc.gov/tobacco/infographics/youth/pdfs/e-cigarettes-usb-flash-508.pdf>

Talk with your teen about e-cigarettes A tip sheet for parents:

[https://e-cigarettes.surgeongeneral.gov/documents/SGR\\_ECig\\_ParentTipsheet\\_508.pdf](https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipsheet_508.pdf)

### *FDA Tobacco Education Resources*

The FDA has launched "The Real Cost" youth e-cigarette prevention campaign.

"Advertising and other prevention materials are delivered where teens spend most of their time—online and in school—including:

Online video ads

Additional content on "The Real Cost" campaign's youth-targeted website

Digital and social media content

Materials for use in high schools nationwide (e.g., posters for school bathrooms)"

Link to the campaign web page:

<https://www.fda.gov/tobaccoproducts/publichealtheducation/publiceducationcampaigns/t herealcostcampaign/default.htm>

Link to FDA/Scholastic grade 9-12 education resources:

<https://www.fda.gov/tobaccoproducts/publichealtheducation/publiceducationcampaigns/t herealcostcampaign/default.htm>

Downloadable and printable infographic: "Youth Vaping Risks:

[https://digitalmedia.hhs.gov/tobacco/print\\_materials/CTP-119](https://digitalmedia.hhs.gov/tobacco/print_materials/CTP-119)

## Other Educational Resources:

“Catch My Breath” Youth E-cigarettes and Juul training program

One pager:

<https://catchinfo.org/wp-content/uploads/2018/10/CATCH-My-Breath-One-Pager.pdf>

Web Site:

[https://catchinfo.org/modules/e-cigarettes/?utm\\_source=SocialSEOppc&utm\\_medium=CPC&qclid=Cj0KCCQiApv bhBRDXARIsALnNoK1fozskIUAgE0qDAKBf4I9A0ncbcvgLw83dm-v22Rq7q5aDVyZ4NK0aAq4dEALw\\_wcB](https://catchinfo.org/modules/e-cigarettes/?utm_source=SocialSEOppc&utm_medium=CPC&qclid=Cj0KCCQiApv bhBRDXARIsALnNoK1fozskIUAgE0qDAKBf4I9A0ncbcvgLw83dm-v22Rq7q5aDVyZ4NK0aAq4dEALw_wcB)

## Quit Aids

*Georgia Department of Public Health Quit Line*

English: 1-877-270-STOP (877-270-7867)

Spanish: 1-877-2NO-FUME

Hearing Impaired: 1-877-777-6534

Hours of Operation: Available every day, 24 hours a day, 7 days a week (including holidays)

Additional Information and resources: Georgia Department of Public Health “Ready to Quit” Resource Page

<https://dph.georgia.gov/ready-quit> <https://dph.georgia.gov/ready-quit>

*Truth Initiative*

“This is quitting” <http://www.thisisquitting.com/>

Includes internet and social media resources and a mobile app

U.S. Department of Health and Human Services Smokefree Teen –  
<https://teen.smokefree.gov/>

To schedule presentations/training for youth, parents, school staff/administrators or community groups, contact:

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